



SPA TREATMENT MENU



GERMAINE^{DE} CAPUCCINI



Welcome to the Garage Spa

Adjoining the historic Morritt Country House Hotel, The Garage is a building with a fascinating past, transformed from an ancient stopping station into a first-class spa.

Here you'll find everything you expect from a modern spa and more. Created with imagination and luxurious rural simplicity, sumptuous decor awash with warm natural stone and timber welcomes you like an old friend.

The Garage is no ordinary spa. Want your nails done? Step into the Paint Shop. Not firing on all cylinders? A full body MOT is just the ticket. Need to put on the brakes after exploring the stunning Teesdale countryside? Make The Garage your destination.

We've put a unique and luxurious spa on the map and look forward to welcoming you to our one-of-a-kind facilities and gorgeous treatments.



FACIALS

CLASSIC GARAGE SPA FACIAL

Designed especially for your skin's needs

Your therapist will provide you with a totally prescriptive treatment based on your skin type, age and concerns. Combining luxury with very real and visible results, your skin will be left perfectly hydrated, radiant and fresh.

£55.00 - 55 minutes

ROSE SKIN ZEN CALMING FACIAL

Perfect for stressed or sensitive skin

This intensive therapy uses Rose petals and plant extracts to provide a highly anti-stress action. Enjoy the scents of five different Rose extracts as they work to soothe and nourish your skin whilst reducing irritation.

£60.00 - 55 minutes

A TASTE OF GERMAINE FACIAL

An introduction to Germaine de Capuccini facials

Designed to refresh your skin with prescriptive products, this taster includes a cleanse, exfoliation and massage.

£35.00 - 25 minutes

EXPRESS CURE

An express facial to restore firmness & vitality

When your skin is lacking vitality or feels congested, this intensive quick fix is the perfect solution. Combining our exclusive rotating wand with a high-tech lifting massage, this unique therapy instantly lifts and energises the skin by rebalancing the positive and negative ions.

£45.00 - 40 minutes

HYDRACURE INTENSE HYDRATION

Deeply hydrating facial for dehydrated skin

After just 1 treatment, 100% of clients have more hydrated skin*. This is achieved through our unique "Hydractive" blend of ingredients including Hyaluronic acid and natural spring water from the Izumo Yumura thermal spring in Japan. Your skin is provided with the natural healing ability to retain moisture.

£65.00 - 55 minutes

* Self-assessment test on 101 individuals after 1 treatment



ADVANCED ANTI-AGEING FACIALS

SIGNATURE FACIAL

The ultimate package targeting all areas of ageing

Your therapist will choose one of our Timexpert advanced anti-ageing facials to suit your skin's needs. This will be combined with a deeply renewing glycolic peel followed by our unique roll and lift anti-oxidant massage, to instantly firm and energise the skin. Your hands are then exfoliated with organic hydrating Baobab oil and massaged with a luxurious firming collagen boosting cream. To finish, an application of our most opulent diamond Power Light Booster Serum for intense clarity and a fresh dewy complexion. The perfect pre-wedding, pre-party treatment or for those whose skin is in need of an age-defying boost. £90.00 - 85 minutes

TIMEXPERT LIFT & CONTOUR

The ultimate facial to lift and re-define facial features

At the heart of this treatment lies a unique and exclusive complex from Germaine de Capuccini; V-Matrix. With flaccidity in the skin beginning in the deepest layers up to 10 years prior to it appearing on the skin's surface, V-matrix works at the root of the problem to rebuild and restructure the dermis, transforming the skin from the inside out. 99% of clients have a more defined facial contour after a single session*. £75.00 - 70 minutes

**Self-assessment test on 111 individuals after 1 treatment*



TIMEXPERT C+ ANTI-GLYCATION

Illuminating facial to combat the first signs of ageing

An advanced anti-glycation facial utilising the benefits of Ume extract to fight against the damaged elastin and collagen fibres caused by sugar and UV radiation. Additional Vitamin C derivative provides a powerful antioxidant, protector and firmer, offering the skin a fresh, healthy glow. In just one session, 97% of clients declare their skin is smoother, more radiant and healthy*. £75.00 - 70 minutes

**Self-assessment test on 123 individuals after 1 treatment*

TIMEXPERT RIDES COLLAGEN BOOST

Advanced facial to reduce expression lines and wrinkles

Our exclusive Micro-Dermoxine Complex® and Pro-Collagistine Fill technology combine to neutralise and inhibit micro-tensions whilst increasing natural collagen and elastin production. 98% of our clients declared their wrinkles were reduced.* Course of 5 treatments recommended. £75.00 - 70 minutes

**Self-assessment test on 41 individuals after 4 treatments*

TIMEXPERT RIDES COLLAGEN BOOST EYES

Express eye treatment to reduce puffiness & wrinkles

Utilising our exclusive Micro-Dermoxine Complex® and Azarole Buds, lines and wrinkles are filled in and puffiness is reduced, leaving the eye contour more rejuvenated. In just a single session, 87% of clients have reduced wrinkles*, increasing to 100% after a course of 4**.

**Self-assessment test on 67 individuals after 1 treatment **Self-assessment test on 15 individuals after 4 treatment*

EPIGENETIC FACIALS

TIMEXPERT SRNS GLOBAL ANTI-AGE ON

Anti-ageing face and eye treatment based on epigenetics

Every day, thousands of our cells are damaged by lifestyle and environmental aggressions. Over time, the gene structure within these cells becomes unable to repair itself and stops producing essential proteins that naturally slow down the ageing process.

Global Anti-age ON reactivates these dormant genes and boosts cellular regeneration using "Epigenol" and "Zinc-Glycine Complex". A powerful all-round anti-ageing treatment that provides firming, wrinkle reduction, revitalisation, improved pigmentation and hydration. 99% of clients have firmer, more supple and nourished skin after a single session*.

£75.00 - 70 minutes

**Self-assessment test on 173 individuals after 1 treatment*



CACI

CACI EYE LIFT

Lifting and firming the eye area

The CACI Eye Lift will work to lift and firm the muscles around the eye area, particularly where people tend to lose definition as they age, known as 'hooded eyes'. This treatment will also help smooth the appearance of fine lines and wrinkles.

£25.00 - 25 minutes

CACI JOWL LIFT

Firming and redefining the jaw area

The CACI Jowl Lift has been developed to specifically target muscle laxity around the jawline which can cause drooping jowls and loose skin. This treatment is specially designed to lift and firm the muscles and refine facial contours to give a firmer, more toned appearance.

£25.00 - 25 minutes

CACI SIGNATURE NON-SURGICAL FACIAL TONING

CACI's most popular non-invasive facial

CACI's signature Non-Surgical Facial Toning is an advanced non-invasive facial, with twenty years medical research behind it.

Microcurrent impulses will lift and tone the facial muscles and the neck area, whilst improving skin elasticity and reducing the appearance of fine lines and wrinkles. This gives a more youthful, fresh appearance and glow.

£75.00 - 55 minutes



BODY TREATMENTS

MEDITERRANEAN CANDLE MASSAGE

A warming full body massage

Choose one of our Mediterranean inspired massage candles; Lavender, Olive or Citrus which will be burned as you enjoy a relaxing pinda massage. The warm oil from the candle is then poured over the body for a prolonged body massage, using deep and soothing movements. This indulgent massage will ease tension whilst natural antioxidants will hydrate and nourish the skin.
£65.00 - 55 minutes

HOLISTIC STRESS BUSTER

A relaxing exfoliation, back and scalp massage

This all encompassing therapy begins with a back exfoliation, leaving it soft, smooth and supple, followed by a deeply relaxing back and scalp massage to restore vitality and well-being.
£40.00 - 40 minutes

SPERIENCE ELEMENTS MASSAGE

A Feng Shui inspired full body massage

Based on traditional Chinese philosophy, our Sperience Elements massage is specifically catered for you by matching one of our 5 active oils to your zodiac sign. During this sensual massage, your therapist will relieve tension and negative energy throughout your body.
£60.00 - 55 minutes / £35.00 - 25 minutes

PURIFYING BACK RITUAL

Reduces oiliness and breakouts on the back

Ideal for problematic skin, the back is deeply cleansed, body brushed and exfoliated to stimulate circulation. This is followed by a relaxing aromatherapy massage and deep cleansing mask.
£40.00 - 40 minutes

BODY TREATMENTS *(PERFECT DURING PREGNANCY)*

PHYTOCARE BAOBAB RITUAL

An energising full body massage & exfoliation

Using ethically sourced Baobab seed oil, this African-inspired full body massage promises an invigorating, stress-reducing experience. The blend of natural oils provide anti-inflammatory benefits, a reduction in stretch marks and increased skin elasticity; making it the ideal pregnancy body treatment.

£75.00 - 75 minutes

PHYTOCARE BAOBAB LEG THERAPY

An energising leg exfoliation & massage

Perfect for tired achy legs, this therapy commences with an exfoliation, followed by a leg massage with Baobab oil and concludes with a touch of cooling Dreamy Legs gel to reduce heaviness and improve circulation.

£30.00 - 25 minutes

PHYTOCARE BAOBAB SCRUB

A moisturising body exfoliation

An intensely nourishing exfoliation using Baobab seed and shells. With wonderful aromas and textures, this luxurious therapy will renew, hydrate and soften the skin. Suitable for even very dry skin.

£30.00 - 25 minutes

BAOBAB SCALP MASSAGE

Stress relieving neck and scalp massage

A nourishing and moisturising neck and scalp massage utilising the benefits of ethically sourced Baobab seed oil. An intense stress relieving treatment perfect on its own or ideal to add-on to your face or body treatment.

£25.00 - 25 minutes

TIMEXPERT C+ BODY ENVELOPMENT

Pure Vitamin C exfoliation & body wrap

An energising body treatment which begins with an enzyme exfoliation enriched with Vitamin C, lemon and papaya extract. A collagen boosting, vitamin enriched body wrap is then applied whilst you relax on our warm dry floatation.

£55 - 40 minutes

FIRMING & REVITALISING PREGNANCY THERAPY

A Collagen boost body massage & Vitamin C facial

This gentle therapy begins with a body massage using a massage cream rich in pure collagen to strengthen the fibrous tissue; firming and tightening the skin. Your therapy is complete with our Timexpert C+ Anti-Glycation Facial containing pure Vitamin C and Ume Extract to revitalise the skin and repair collagen damage caused by sugar.

£75.00 - 75 minutes

TIMEXPERT C+ FACE & BODY ENVELOPMENT

Enriched with pure Vitamin C and Ume extract

An energising face and body treatment which begins with an enzyme exfoliation enriched with Vitamin C, lemon and papaya extract. A collagen boosting, vitamin enriched body wrap is then applied whilst you are treated with an advanced anti-glycation facial. Utilising the benefits of Ume extract, this facial fights against the damaged elastin and collagen fibres caused by sugar. Additional Vitamin C offers a powerful antioxidant, protector and firmer, offering the skin a fresh, healthy glow.

£75.00 - 75 minutes

MENS TREATMENTS

MENS PRESCRIPTIVE FACIAL

Designed especially for your skin's needs

Your therapist will provide you with a totally prescriptive treatment based on your skin type, age and concerns. Combining luxury with very real and visible results, your skin will be left perfectly hydrated, radiant and fresh.

£55.00 - 55 minutes

PURIFYING BACK RITUAL

Reduces oiliness and breakouts on the back

Ideal for problematic skin, the back is deeply cleansed, body brushed and exfoliated to stimulate circulation. This is followed by a relaxing aromatherapy massage and deep cleansing mask.

£40.00 - 40 minutes

HOLISTIC STRESS BUSTER

A relaxing exfoliation, back and scalp massage

This all encompassing therapy begins with a back exfoliation, leaving it soft, smooth and supple, followed by a deeply relaxing back and scalp massage to restore vitality and well-being.

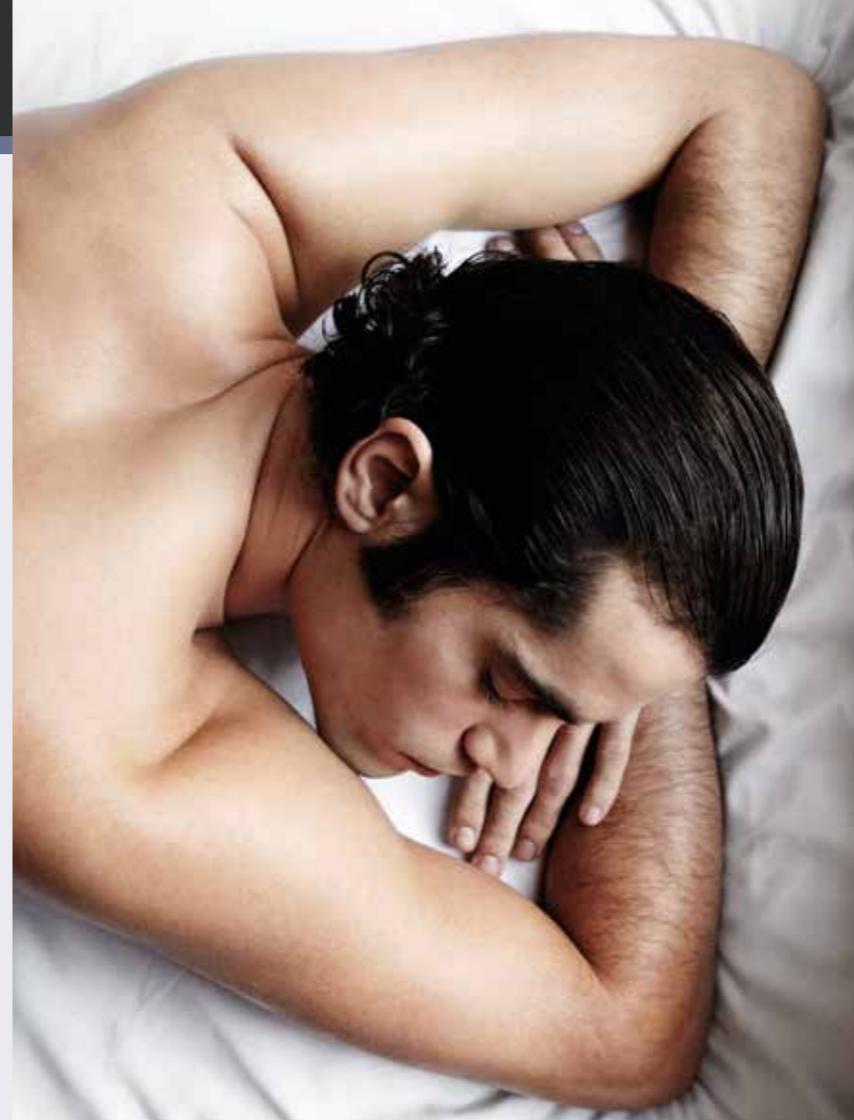
£40.00 - 40 minutes

BAOBAB SCALP MASSAGE

Stress relieving neck and scalp massage

A nourishing and moisturising neck and scalp massage utilising the benefits of ethically sourced Baobab seed oil. An intense stress relieving treatment perfect on its own or ideal to add-on to your face or body treatment.

£25.00 - 25 minutes



MENS SPERIENCE ELEMENTS MASSAGE

A Feng Shui inspired full body massage

Based on traditional Chinese philosophy, our Sperience Elements massage is specifically catered for you by matching one of our 5 active oils to your zodiac sign. During this sensual massage, your therapist will relieve tension and negative energy throughout your body.

£60.00 - 55 minutes / £35.00 - 25 minutes



HANDS & FEET

EXPRESS MANICURE

Hands and cuticles are conditioned and moisturised. Nails are beautifully shaped and treated with a prescriptive basecoat, completed by the perfect polish.

£23.00 - 25 minutes

PRESCRIPTIVE MANICURE

Nails are analysed and treated for their specific type. Jessica's prescriptive manicure includes exfoliation, massage and cuticle care. Nails are beautifully shaped and treated with a prescriptive basecoat before finishing with the perfect polish.

£35.00 - 45 minutes

DELUXE MANICURE WITH LEREMEDI HAND TREATMENT

The ultimate in hand and nail care. A complete exfoliating and conditioning hand treatment, leaving hands noticeably silkier, smoother and firmer than before. All the benefits of the LeRemedi Hand Treatment combined with Jessica's Prescriptive Manicure.

£45.00 - 55 minutes

ZENSPA PEDICURE

Awaken your senses and discover the restorative powers of Asian aquatic plant extracts to purify, cleanse, soothe and calm. Hard skin is removed, feet and legs are massaged with conditioning creams. Cuticles are groomed and toe nails are shaped and perfectly polished.

£40.00 - 55 minutes

ZENSPA PEDICURE DELUXE

Jessica's ZenSpa pedicure with the luxurious added benefits of Thermal Heated Booties for deeper penetration of oils and creams. Excellent for increasing circulation and relieving stiff, painful joints.

£55.00 - 75 minutes

GELERATION NAILS

The beauty of Jessica, in a gel. With the health of the natural nail in mind, GELeration's gel formula delivers a long lasting, flawless finish that's dry in seconds and protects the natural nail. An application of GELeration polish can be added to any of the above manicure or pedicure treatments.

GELeration: £10.00 - 15 minutes

Existing GELeration Removal: £15.00 - 20 minutes





BEAUTY TREATMENTS

KISSED BY MII SPRAY TAN

A Kissed by Mii spray tan is the perfect way to create the natural look of summer all year round. Our mineral enriched, odourless formula dries quickly to leave you with flawless, streak-free colour and soft, smooth, skin.

£25.00 - Full Body / £15.00 - Half Body

EYES

Eyelash Tint	£20
Eyebrow Tint	£15
Eyelash & Eyebrow Tint	£25
Eyelash Extensions	£15

Please note a 48 hour patch test is essential prior to tinting.

WAXING

London Spa Company® waxes combine world-class performance with superb comfort and luxury. The shortest of hairs are removed with ease whilst the skin is left feeling gloriously soft, smooth and silky.

Eyebrow Shape	£15
Half Leg	£27
Full Leg	£35
Under Arm	£12
Lip or Chin	£12
Back	£30
Standard Bikini	£15
Extended Bikini	£18

ALTERNATIVE THERAPIES

RASUL MUD TREATMENT

A deep cleansing mud chamber, you'll cover yourself from top to toe in mud. Our colourful, cleansing mud treatments contain all-natural active ingredients that release toxins from your pores leaving you beautifully cleansed and refreshed.

£15.00 per person - 40 minutes

DRY FLOTATION

A dry floatation treatment takes place on a special bed – complete with a mattress filled with warm water. This allows you to be dry, warm and comfortable, whilst simultaneously experiencing a sensation of weightlessness akin to that experienced when floating on water.

£15.00 - 30 minutes

HAMMAM

This tried and tested exfoliation technique dates back to Roman times and requires a chemist's brew of hot water and Himalayan rock salt. Your therapist knows exactly when to douse and when to drench, when to scrub and when to soak, so you'll walk out of the Hammam relaxed and positivity glowing.

£30.00 - 25 minutes

ROOF TOP CABRIOLET

Ideal for couples or individuals seeking absolute privacy, this beautiful outdoor hot soaking tub is situated on a secluded, heated rooftop terrace with relaxing chairs.

£40.00 - 60 minutes



SPA GUIDANCE

Age Requirement - The minimum age requirement to use our spa facilities and all treatments is 16 years old.

Arrival Time - To ensure you receive your correct treatment time and receive full benefits, please allow at least 15 minutes to check in prior to your appointment. In the event that you may turn up late, we will only be able to offer the remaining treatment time, but will still charge the full price.

Attire - Here at The Garage Spa we provide you with a robe, towels and flip flops to wear throughout your spa experience. Swim wear is required for all spa facilities, we do advise bringing two costumes for full days. For treatments it is normal to wear underwear, or we can provide disposable briefs if you prefer.

Alcoholic Beverages - We have a fully licensed bar that is open from 11am. We do reserve the right to refuse to serve anybody that is considered intoxicated. Using the heat facilities and receiving a treatment when intoxicated can cause you to feel very unwell. A charge will be made if you consume your own alcohol on the premises.

Cancellation Policy - A 50% non-refundable deposit is required upon booking both treatments and spa packages. For treatments please allow 24 hours notice for cancellation or rescheduling to avoid a fee of 100% of your service. Failure to arrive will result in a 100% charge. For packages we require 48 hours notice for cancellations to avoid a 100% charge. Failure to arrive will result in a 100% charge.

Duo Treatment Room - If you would like to enjoy your treatment in our duo room please request this upon booking, perfect for couples (subject to availability).

Etiquette - Our luxury spa has a peaceful ambience one of which we request all guests to respect others. We kindly ask that all guests keep voices to a whisper throughout the spa. Smoking is prohibited unless in designated areas. Mobile telephones and electronic devices should be set to silent. It may be politely brought to your attention if we believe other spa users are being disturbed.

Patch Tests - A patch test is compulsory at least 48 hours prior to any tinting or eye lash extension treatments.

Pregnancy - Please advise us if you think you may be pregnant or undergoing any fertility treatment. We do not offer any treatment before the 1st trimester is over, after this we do have specially designed treatments for mums to be or mums breastfeeding. We advise you avoid all heated spa facilities. Please speak to the service team if you have any questions or queries.

Medical Conditions - Some of our therapies are not suitable for guests with certain medical conditions. We request that you notify us if you have any of the following conditions when booking: Epilepsy, allergies, heart condition, high / low blood pressure, scar tissue, varicose veins, skin conditions, Diabetes, Cancer, thyroid, pregnancy, recent operations. We have specially designed therapies for expectant women or nursing mothers. Please allow our spa team to guide you in selecting therapies that are most suitable.

Spa & Hotel Property - All items in the Spa & Hotel remain the property of The Morrith Hotel & The Garage Spa, we reserve the right to charge guests after departure for items removed during the stay (For example - but not limited to - bathrobes, flip-flops, towels, items in rooms/ treatment rooms and around the property).

Treatment Time - Your treatment time as advertised is not hands on treatment time. This time does include before and after care which is inclusive of your treatment.

Valuables - We cannot accept responsibility for the safety of your personal belongings (including - without limitation - money or valuables) of any kind during your stay or your day package. If you do bring these items to The Garage we strongly recommend that they are covered by your own insurance policy.



Opening Times

Mon 9am - 8pm

Tue 9am - 8pm

Wed 9am - 6pm

Thur 9am - 8pm

Fri 9am - 8pm

Sat 9am - 6pm

Sun 9am - 8pm

Telephone: 01833 863100

Email: service@thegaragespa.co.uk

Greta Bridge, Barnard Castle, Co Durham, DL12 9SE

www.thegaragespa.co.uk