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SPA TREATMENT

JANUARY 2024

ELEMIS

# The Garage Spa

AN AWARD WINNING SPA EXPERIENCE  
NESTED IN THE DURHAM DAES

The Garage Spa offers a haven for rest and relaxation, restorative treatments and pampering beauty treats. The spa garden is a social space to enjoy all year round, whilst our whispering lounge offers an area for quiet relaxation, our thermal suite will invigorate you and our bubbly hot tubs are just divine.



ELEMIS



# Facials

Pro-Glow Facials  
25 min £50.00 / 50 min £75.00

## Elemis Pro-Glow Renewal

Elemis signature deep-cleansing facial.

## Elemis Pro-Glow Resurface

Transform the skin's texture & minimising the look of uneven skin tone.

## Elemis Pro-Glow Smooth

Smooths wrinkles, fills out expression lines and plumps skin.

## Elemis Pro-Glow Brilliance

Awaken dull, tired-looking complexions with this radiance-boosting facial.

15 minute Pro-Boosters upgrade  
+ £30.00

## Hydrate:

Includes **Biotec** Galvanic.

## Lift Up:

Includes **Biotec** Microcurrent.

## Energise:

Includes **Biotec** LED Light Therapy.

## Brilliance:

Includes **Biotec** Oxygen Infusion.



Elemis' advanced fusion of **super-charged** technologies, **pro-strength** actives and **expert** skin wellness touch. Delivering powerful **deep cleaning, resurfacing** and **hydration-boosting** results for **optimal skin wellness**. Unlock healthy, glowing skin from within. Skin looks visibly rejuvenated, refreshed and radiant after just one treatment.

# Body Therapies

## Full Body Swedish Massage

60 mins £90.00

Relax and revive your sense of wellbeing with a Swedish Massage. This is a whole-body therapeutic treatment that works the soft tissues and muscles, it is calming and balancing - a light massage using Elemis Essential Oils.

## Back Neck and Shoulder Swedish Massage

30 mins £50.00

Ease away the stress and tension in these key areas, your therapist will work with light movements and Elemis Essential Oils to reduce muscle tightness.

## Hot Stone Full Body Massage

60 mins £90.00 Full Body Hot Stone

30 mins £60.00 Back Neck and Shoulder Hot Stone

This deeply soothing massage combines the relaxing effects of hot volcanic stones with knot-busting deep tissue massage techniques. Once the hot stones have warmed up your tissues, the deep strokes will disperse any tension held in your muscles. By the end your muscles will be supple leaving you feeling calm and deeply relaxed. Using Elemis Essential Oils.

## Frangipani Intensely Cleansing Himalyan Salt Scrub

25 mins £35.00

Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.

## Peaceful Pregnancy Massage

55 mins £90.00 (6 months + only)

An intuitive and relaxing massage hydrates skin that is expanding to accommodate a growing baby.

## Soothing Neck and Scalp Therapy

25 mins £45.00

A relaxing and deep head and neck massage, focusing on stress relief within the shoulders. Perfect to be added onto a facial or on its own.

## Best Foot Forward

25 mins £35.00

Take a load off with this foot-focused tension releaser. Lower legs and feet are thoroughly exfoliated, bathed and massaged. Feet are left nourished, soft and smooth.

**Please note that if any of the below conditions apply to you we will not be able to offer Swedish Massage or Hot Stone treatment options.**

- Pregnancy (please check with us before booking a spa experience to confirm what treatments are available and which spa facilities)
- Circulation Problems
- Vein Issues
- Thrombosis
- Undergoing Cancer Treatments
- Epilepsy
- Botox in the last 2 months (this will include facials, full body and hot stone massage)



### Rasul Mud Treatment

40 mins £20pp

A deep cleansing mud treatment, you will enter a mud chamber and cover yourself in the detoxifying mud. The natural active ingredients will cleanse your skin while the room is filled with steam to cleanse deep within the pores. To remove the mud you will then apply Himalayan rock salt to leave you cleansed and invigorated.





THE  
**MORRITT**  
HOTEL & GARAGE SPA

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